



California State Average Monthly Family Budget Expenses Per Month and as a Percentage of Budget

This budget represents the total income required to cover a family’s basic needs on average in California through earnings only, without government benefits or supports.

	Single Adult	Single-Parent Family	Two-Parent Family (One Working)	Two-Working-Parent Family
Housing and Utilities	\$1,046 42.1%	\$1,568 28.6%	\$1,568 31.7%	\$1,568 24.8%
Food	\$268 10.8%	\$577 10.5%	\$773 15.6%	\$773 12.2%
Child Care	\$0 0.0%	\$1,300 23.7%	\$355 7.2%	\$1,300 20.5%
Health Care (Employer-Based)	\$132 5.3%	\$500 9.1%	\$522 10.5%	\$522 8.2%
Transportation	\$298 12.0%	\$428 7.8%	\$428 8.6%	\$556 8.8%
Miscellaneous	\$361 14.5%	\$463 8.4%	\$787 15.9%	\$787 12.4%
Taxes	\$381 15.3%	\$652 11.9%	\$512 10.3%	\$824 13.0%
MONTHLY TOTAL	\$2,485	\$5,489	\$4,945	\$6,329
ANNUAL TOTAL	\$29,824	\$65,865	\$59,338	\$75,952
Monthly Total With Unsubsidized Marketplace Health Care	\$2,641	\$5,488	\$5,237	\$6,631
Annual Total With Unsubsidized Marketplace Health Care	\$31,698	\$65,852	\$62,848	\$79,578

Note: These statewide average amounts are calculated by averaging budget amounts for all counties in California, weighted by county population. All family types except “single adult” are assumed to have two children, one preschool-aged and one school-aged. Main budget totals include health care costs with employer-based health insurance, while totals with unsubsidized marketplace health care include health care costs with unsubsidized health insurance purchased on the individual marketplace (Covered California). Amounts correspond to calendar year 2017. Numbers and percentages may not sum due to rounding. For methodology details, see the full 2017 *Making Ends Meet* report.

This estimated family budget is from the California Budget & Policy Center report, *Making Ends Meet: How Much Does It Cost to Support a Family in California?* (December 2017).

Visit calbudgetcenter.org/MakingEndsMeet.