

Parent-Child Story Checklist



Head Start
CALIFORNIA



This checklist will assist you in constructing your Head Start story and guide you through the key points during the delivery of your story.

The Structure

1. The Intro

- Salutation with smile
- Introduction
- Graciousness: Thank them for the conversation
- Connection (to legislator & district)

2. Challenges: Used specific details about...

- Health
- Learning
- Family stability

3. Head Start Services & Culture

- Names of staff
- Specific services or interventions
- How you benefitted

4. Results: Used details about...

- Health
- Education
- Employment
- Significant achievements
- Ends with a "Head Start works" statement

The Delivery

Face

- Eye contact: Looked into the camera
- Warm: Smiled often
- Balanced: Calm and collected

Voice

- Clear: Could hear every word
- Slow: Not rushed
- Pause: Let silence work for you

Background

- No excessive background noise
- Not visually distracting

Politically appropriate: Don't discuss...

- Candidates
- Elections
- Sensitive topics