

Do you receive CalFresh food benefits?



Your child may be eligible for free Head Start or Early Head Start services!



**Office of
Head Start**

Head Start and Early Head Start programs deliver free, comprehensive services to children ages birth to 5 and their families

in core areas of early learning, health, nutrition, and family well-being. For more information on Head Start programs, please visit <https://eclkc.ohs.acf.hhs.gov/programs/article/head-start-programs>

Find your local program and apply for Head Start services today:



It's easy to prove eligibility with any of the following:



A copy of notice of your CalFresh approval notice.



Other documentation of eligibility or benefits from your local county office, such as a screenshot from a BenefitsCal mobile app



Your household's CalFresh Electronic Benefit Transfer (EBT) Card.

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